

Neurodiversity

BEING UNIQUE, TOGETHER

THE **Sterling**
Institute
FOR AUTISM

Get **READI**: Romantic Education for Adult Dating and Intimacy

- For Neurodivergent adults (18+ years) who want to learn about and discuss dating
- Facilitated by clinicians specializing in autism and neurodiversity
- Learn evidence-based, practical tips and skills to use on your terms, being your authentic self
- Topics include, but are not limited to:
 - Choosing a partner
 - Planning a date
 - Date etiquette
 - Decoding cues
 - Maintaining a relationship
 - Self-disclosure
 - Online communication
 - Boundaries and intimacy
 - Handling rejection

* Limited spaces available



10 week program

- Enrollment ongoing
- 90 minute weekly sessions
- \$125 per session

For more information:
Email: frontdesk@sterlingautism.com
Phone: (424) 248-9312



SCAN ME