

CURRICULUM VITAE

2026

Lindsey Sterling, Ph.D.

Licensed Clinical Psychologist (CA PSY25162)

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EDUCATION:

- 2010 Ph.D., Clinical Psychology-Child Track, University of Washington, Seattle, WA
Dissertation: Behavioral and physiological characteristics associated with anxiety in adolescents with autism spectrum disorders
- 2007 M.S., Psychology, University of Washington, Seattle, WA
Thesis: The role of face familiarity on gaze fixation in individuals with autism spectrum disorder
- 2000 B.S., Psychobiology, University of California, Los Angeles

Traineeships

- 2010-2014 Post-doctoral Fellow, UCLA Department of Psychiatry
NRSA F32: Validity of an anxious subtype in autism spectrum disorders
- 2009-2010 Internship in Clinical Psychology- Developmental Disabilities Track
Department of Psychiatry/Biobehavioral Sciences
UCLA Semel Institute
(APA-Accredited), University of California, Los Angeles, CA

CURRENT POSITIONS:

- 2021- Founder, Director
The Sterling Institute for Autism
Long Beach, CA
- 2018- Clinical Psychologist, Private Practice
Specialization: Autism Spectrum Disorder
Long Beach, CA

Licensure

- 2012- Licensed Clinical Psychologist, Board of Psychology, California

PAST POSITIONS:

2016- 2024	Clinical Psychologist, Autism Spectrum Disorders The Weichman Clinic, Neuroscience Institute Hoag Hospital Newport Beach, CA
2015- 2019	Assistant Professor, Department of Psychology, California State University, Long Beach
2015-2016	Visiting Assistant Project Scientist, Department of Psychiatry, UCLA
2014-2015	Visiting Assistant Professor, Department of Psychology, Claremont McKenna College
2014-2015	Interim Director, Autism Center, Claremont McKenna College
2014	Staff Psychologist, Child and Adult Neurodevelopmental Clinic, UCLA
2010-2014	Clinical Instructor, Department of Psychiatry (Child), UCLA

HONORS AND AWARDS:

2017	CSULB Department of Psychology Research Support Award
2017	CSULB 2018/2019 Research, Scholarly, and Creative Activities (RSCA) Faculty Assigned Time Award: "Characterization of Depression Among Young Adults with Autism Spectrum Disorder"
2011	Heyler Research Award UCLA Division of Child and Adolescent Psychiatry "Comorbid Anxiety in Youth with Autism Spectrum Disorders"
2008	Graduate Student Travel Award Department of Psychology, University of Washington
2005 & 2007	Travel Award, Nathaniel Wagner Memorial Endowment Fund Clinical Psychology Training Program, University of Washington
2006	Student Travel Award International Meeting for Autism Research

RESEARCH GRANTS AND FELLOWSHIPS RECEIVED:

2017-2018	'Mid-Size' Equipment Grant Program (Cortisol Assays) Building Infrastructure Leading to Diversity (BUILD) CSULB Research Stimulation Grant, NIH (Co-I)
2011-2012	Pilot Award, UCLA Center for Autism Research and Treatment; \$8,000

Variability in Autism Symptom Severity in High Functioning Children:
Investigating the Role of Diurnal Cortisol and Daily Stress

- 2010-2013 NIMH National Service Research Award (NRSA), F32
Post-doctoral Fellowship, 1F32MH091928-01; \$146,910
Validity of an Anxious Subtype in Autism Spectrum Disorders
- 2008-2009 Autism Speaks Mentor-Based Pre-Doctoral Fellowship:
Psychophysiology Traineeship, \$52,000
- 2008 Robert C. Bolles Graduate Fellowship; \$1,345
Department of Psychology, University of Washington
Behavioral and Physiological Correlates of Anxiety in ASD

RESEARCH EXPERIENCE:

At California State University, Long Beach

- 2015-2019 Director/Principal Investigator, Sterling Autism Lab
- 2015-2019 Thesis supervisor /reader for the Masters in Psychological Research program, CSULB

At Claremont McKenna College:

- 2017-2018 Thesis committee member for Positive Developmental Psychology doctoral program,
Claremont Graduate University

At the UCLA Semel Institute for Neuroscience and Human Behavior

- 2010-2014 Post-doctoral Fellow and Clinical Instructor, UCLA Department of Psychiatry, Division
of Child and Adolescent Psychiatry
NIH Ruth L. Kirschstein National Research Service Award, Lindsey Sterling, PI;
James McCracken, Jeffrey Wood, Faculty Sponsors

At the University of Washington Autism Center/Center on Human Development and Disability

- 2007-2009 Study Coordinator and Graduate Clinician, Adolescent Development Study,
NIMH Autism Center of Excellence, Bryan King, Annette Estes, PIs
- 2007-2009 Graduate Research Assistant, Early Detection/Intervention in Infants at Risk for Autism,
NIMH Autism Center of Excellence, Sara Webb, PI
- 2007-2009 Graduate Research Assistant, Longitudinal MRI Study of Infants at Risk for Autism,
NIMH Autism Center of Excellence, Stephen Dager, PI
- 2006-2008 Study Coordinator and Graduate Clinician, Early Detection of PDDs,
NICHD, Collaboration with Deborah Fein, PI; Geraldine Dawson, PI
- 2005-2007 Graduate Research Assistant, Family Study of Autism,
NICHD Collaborative Programs for Excellence in Autism, Geraldine Dawson, PI

- 2005-2007 Graduate Research Assistant, Early Development Study,
NICHD Collaborative Programs for Excellence in Autism, Geraldine Dawson, PI
- 2003-2006 Graduate Research Assistant, Neuroimaging in Adults with Autism Project,
NIMH STAART Center of Excellence, Elizabeth Aylward, PI
- 2003-2006 Graduate Research Assistant, Toddler Assessment Project/Early Start Intervention Study,
NIMH STAART Center of Excellence, Geraldine Dawson, PI

At the Neuropsychiatric Institute, UCLA/Cure Autism Now/Autism Genetic Resource Exchange

- 2002-2003 Staff Research Associate/ Research Manager/ Researcher Liaison,
NIMH Genomewide Search for Autism Susceptibility Loci, Daniel Geschwind, PI

At the Division of Geriatric Psychiatry, Neuropsychiatric Institute, UCLA

- 2001-2002 Staff Research Associate, Late-Life Depression
NIH/NIMH Clinical and Neurobiologic Substrates/Intervention Clinical Trial for
Geriatric Depression, Anand Kumar, Helen Lavretsky, PIs

At the Laboratory of Neuroimaging, Department of Neurology, UCLA

- 1997-1999 Student Research Assistant
Anatomical and neurochemical analysis of brain tissue from Alzheimer's Disease
Michael Mega, Arthur Toga, PIs

CLINICAL EXPERIENCE:

- 2021-Present Clinic Director, The Sterling Institute for Autism
- 2018-Present Clinical Psychologist, Private Practice
- 2016-2024 Clinical Psychologist/Autism Specialist, The Weichman Clinic, Hoag Neurosciences
Institute
- 2014-2015 Interim Director, Claremont Autism Center, Claremont McKenna College
- 2012-2015 Clinical Psychologist, Private Practice, West Los Angeles
- 2014 Staff Psychologist, Child and Adult Neurodevelopmental Clinic, UCLA
- 2014 Intake Coordinator, UCLA PEERS Clinic
- 2009-2013 Therapist, Behavioral Interventions for Anxiety in Children with Autism/Anxiety-
Focused Interventions for Youth with Autism, UCLA
- 2011-2012 Group leader, UCLA Project Step-Up: Intervention to Reduce Alcohol Consumption in
Youth Exposed Prenatally
- 2010-2012 Psychological Assistant, Private Practice of Dr. Jeffrey Wood

- 2010-2012 Psychologist/Evaluator, UCLA Center for Autism Research and Treatment (CART)
- 2009 Psychology Trainee, UCLA Tarjan Center for Excellence in Developmental Disabilities
- 2009 Case Coordinator, UCLA Semel Institute ABC Partial Hospitalization Program
- 2009 Consultant, UCLA Child Psychiatry Pediatric Consultation Liaison Service
- 2009 Therapist, UCLA Semel Institute Child OCD, Anxiety, and Tic Disorders Program
- 2005-2009 Staff Therapist, Psychological Services and Training Clinic, Department of Psychology, University of Washington, Seattle, WA
- 2007-2008 Trainee, Interdisciplinary Training Committee, Leadership Education in Neurodevelopmental and Related Disabilities (LEND), University of Washington, Seattle, WA
- 2006-2008 Practicum Evaluator and Therapist, Autism Center Clinic, Department of Psychology, University of Washington, Seattle, WA
- 2005-2006 Practicum Student Evaluator, Neuropsychological Consultation Service, Seattle Children's Hospital and Regional Medical Center, Seattle, WA
- 2001-2003 Therapist, Language and Cognitive Development Center, Boston, MA
- 1999-2000 Assistant Teacher, Language and Cognitive Development Center, Boston, MA
- 1999 Assistant Teacher, Ofakim School for Disabled Children, Haifa, Israel

Specialized Training in Clinical Instruments, Additional Coursework and Observation

- 2009-2013 Manualized CBT Intervention for Anxiety in Autism developed by Jeffrey Wood, Ph.D., Graduate School of Education and Information Studies, UCLA, Los Angeles, CA
- 2007/2008 Autism Observation Scale for Infants; training conducted by Lonnie Zwaigenbaum, M.D., Autism Center, University of Washington, Seattle, WA
- 2007 Autism Diagnostic Observation Schedule (ADOS) reliability training workshop; training conducted by Susan Risi, Ph.D., Autism & Communication Disorders Center at the University of Michigan, Ann Arbor, MI
- 2005 Forensic Interviewing; training conducted by Stuart Greenberg, Ph.D., Department of Psychology, University of Washington, Seattle, WA
- 2004 Clinical Personality Assessment: MMPI-2 and MCMI-III; training conducted by Ronald Smith, Ph.D., University of Washington, Seattle, WA
- 2004 Behavioral Family Therapy taught by Robert McMahon, Ph.D., University of Washington, Seattle, WA

Testing Experience

Anxiety Disorders Interview Schedule, Autism Diagnostic Interview (ADI-R), Autism Diagnostic Observation Schedule (ADOS), Autism Observation Scale for Infants, Batelle Developmental Inventory, Benton Test of Facial Recognition, Children's Memory Scales, California Verbal Learning Test, Clinical Evaluation of Language Fundamentals (CELF), Communication and Symbolic Behavior Scales (CSBS), Comprehensive Test of Phonological Processing (CTOPP), Delis-Kaplan Executive Function System (DK-EFS), Differential Ability Scales (DAS), Expressive Vocabulary Test, Gray Oral Reading Tests (GORT), Modified Checklist for Autism in Toddlers (MCHAT), Mullen Scales of Early Learning, NEPSY, Peabody Picture Vocabulary test, Reading the Mind in the Eyes Test, Stanford-Binet Intelligence Scale, Structured Clinical Interview for DSM-IV Disorders (SCID), Vineland Adaptive Behavior Scales, Wechsler Memory Scale (WMS), Wechsler Scales of Intelligence (WASI, WISC, WAIS, WPPSI), WIAT-II, Wide Range Assessment of Visual Motor Abilities (WRAVMA), Wide Range Assessment of Motor and Learning- 2nd Edition (WRAML-2)

LECTURES AND PRESENTATIONS:

Invited Presentations, Lectures, and Media Appearances

Sterling, L. (April, 2025.) Unmasking the Lives of Autistic Females; Considerations of Diagnostic Overlap with Borderline Personality Disorder. Continuing Education course delivered to Children's Health Council.

Sterling, L. (April, 2025). Neurodiverse Learners. Lecture presented at Fusion Academy Symposium.

Sterling, L. (May, 2024). Empowerment in Neurodiversity. Webinar presented to 'Haystack' With Understanding Comes Calm.

Sterling, L. (April, 2024). Unmasking the Lives of Autistic Females: Clinical and Diagnostic Considerations. Keynote Presentation for Interdisciplinary Collaborative for Autism and Neurodiversity (iCAN):

Sterling, L. (March, 2023). Neurodivergence: Challenging the Idea of Normal. Lecture presented to Fusion Academy, Community Education Series.

Sterling, L. (February 2023). Everything You Wanted to Know about Getting an Autism Diagnosis, But Were Afraid to Ask. Lecture and discussion presented to the OC Aspergers Support Group.

Sterling, L. (June, 2023). Neurodiversity: Challenging the Idea of Normal/ Discussion of Personality Disorder and Autism Overlap. Lecture presented at DBT Center of Orange County, CA.

Sterling, L. (March, 2023). Autism: Diagnosis and Roadmap. LD Expert Podcast, Stowell Learning Center.

Sterling, L. (February, 2023). How Does Autism Enhance or Interfere with Learning? Lecture presented at Stowell Learning Center, Irvine, CA.

Sterling, L. (August, 2022). Signs of Autism, Neurodiversity, and Classroom Accommodations. Lecture presented to the Alpert Jewish Community Center, Teacher Training Program.

Sterling, L. (April 2022). Early Signs of Autism. Lecture presented to the “Baby J” Alpert Jewish Community Center.

Sterling, L. (April 2022). The Social Survival Guide for Teens on the Autism Spectrum. Lecture and discussion presented to the OC Aspergers Support Group.

Sterling, L. (March 2022). How to Talk About Dating, Sexuality, and Sexual Development. Lecture presented at the Spring Mental Health Symposium, *Treating Autism Spectrum Disorders*, The Center for Autism and Neurodevelopmental Disorders.

Sterling, L. (February 2022). Coping with Anxiety. Lecture presented at Hopkinson Elementary School Parenting Series.

Sterling, L. (September, 2020). Autism and Dating. Orange County Aspergers Support Group.

Sterling, L. (November 2019). Autism and Dating. Guest lecture presented to Professional Didactic at Center for Autism and Neurodevelopmental Disorders, Department of Pediatrics, University of California, Irvine.

Sterling, L. (September, 2019). Depression and Anxiety Among Individuals with ASD: The Impact of Psychiatric Comorbidity on Successful Transitioning to Adulthood. *Keynote lecture* delivered to the 3rd Annual Autism Conference for the Center for Autism and Neurodevelopmental Disorders, Costa Mesa, CA.

Sterling, L. (September, 2018). Psychiatric Comorbidity in Autism Spectrum Disorder. Guest lecture presented at the Introduction to Autism Spectrum Disorder course for Speech-Language Pathology, CSULB.

Sterling, L. (May, 2018). The Next Frontier: Neurodiversity in the Workplace. Lecture presented at Advance LA Resilience Conference, The Help Group, Los Angeles, CA.

Sterling, L. (May, 2017). Depression, Anxiety, and Neurodevelopmental Challenges: The Impact of Comorbidity on Successful Transitioning into Adulthood Functioning. Lecture presented at Advance LA Resilience Conference, The Help Group, Los Angeles, CA.

Sterling, L. (May, 2014). The Challenges Associated with Transition to Adulthood: The Impact of Comorbidity on Successful Functioning. Lecture presented at Advance LA Resilience Conference, The Help Group, Los Angeles, CA.

Sterling, L. (December, 2013). Adults with Autism Spectrum Disorders: Cognitive, Social, and Mental Health Outcome. Lecture presented at Multidisciplinary Team Meeting, Child and Adult Neurodevelopmental Clinic, University of California, Los Angeles.

Sterling, L. (November, 2013). Outcomes for Adolescents and Adults with Autism Spectrum Disorders. Lecture presented at Autism: Mind, Brain & Education Course, Department of Education, University of California, Los Angeles.

Sterling, L. (April, 2013). Psychiatric Comorbidities Among Individuals with Autism Spectrum Disorders. Lecture presented at the Developmental-Behavioral Pediatric rounds at the University of California, Los Angeles.

Sterling, L. (March, 2012). Comorbid Anxiety and Depression in Autism Spectrum Disorders: Strategies for Classroom Intervention. Lecture presented at the Los Angeles Unified School Districts (LAUSD) to all LAUSD school psychologists, Los Angeles, CA.

Sterling, L., (May, 2010). Psychiatric Comorbidity in Autism Spectrum Disorders. Lecture presented at UCLA Division of Child Psychiatry Grand Rounds, Los Angeles, CA.

Sterling, L., & Varley, J. (2008, August). Current Research at the UW Autism Center: Genetic, Neurobiological, and Developmental Perspectives. Lecture delivered to The Seattle Asperger Syndrome Education and Support Group, Seattle, WA.

Estes, A., & **Sterling, L.** (2008, July). The Broader Phenotype of Autism Symptom Scale: Rationale, Assessment, and Reliability. Two-day training delivered to clinical team at Autism Genetic Resource Exchange, Autism Speaks, Los Angeles, CA.

Sterling, L. (2007, December). Case Conceptualization and Classroom Strategies Relevant to 4th Grade Student with PDD-NOS, Epilepsy, and Apraxia. Lecture delivered to principal, school counselor, speech therapist, occupational therapist, and teachers at Emerald Park Elementary School, Kent, WA.

Sterling, L. (2007, December). Taking a Walk in Someone Else's Shoes; What Does It Mean to Have Autism? Lecture delivered to 4th grad students, parents, educators, and school administrators at Emerald Park Elementary School, Kent, WA.

Sterling, L. (2007, April). Science Informed Case Presentation: case conceptualization and treatment for 9 year-old girl with pervasive developmental disorder- not otherwise specified, apraxia, intellectual disability, and epilepsy. Presented to students and faculty of the University of Washington Clinical Psychology program, Seattle, WA.

Faja, S. & **Sterling, L.** (2006, December). Current Research on Autism at the UW Autism Center. Lecture delivered to parents and educators of the Educational Service District 112 Regional Autism Consulting Cadre, Seattle, WA.

Sterling, L. (2006, April). Current Research on the Brain, Behavior, and Genetics. Lecture delivered to undergraduate research assistants at the UW Autism Center, Seattle, WA.

Sterling, L. (2005, July). Case conference: Psychological testing with the MMPI/MCMI in a client reporting symptoms of depression and anxiety. Clinical Personality Assessment (501), Department of Psychology, University of Washington, Seattle, WA.

Sterling, L. & Faja, S. (2005, March). Autism and Adolescents: Some Current Research Findings. Lecture delivered at Special Needs Resource Fair for Seattle Schools Special Education Advisory and Advocacy Council, Seattle, WA.

Sterling, L. & Bernier, R. (2005, March). Early Screening and Diagnosis of Autism. Lecture delivered to public health nurses, Columbia Health Center, Seattle, WA.

Sterling, L. (2005, February). Asperger's Disorder and Current Research. Lecture delivered to parent support group, Kent, WA.

Bernier, R. & **Sterling, L.** (2004, October). Early Recognition of Autism. Lecture delivered to North Seattle Community College educators, Seattle, WA.

Webb, S.J. & **Sterling, L.** (2004, May). The Science of Autism. Lecture delivered to teachers, counselors, and students, Stanwood High School, Stanwood, WA.

Sterling, L. & Faja, S. (2004, March). Current research findings: autism in adolescents. Lecture delivered at Special Needs Resource Fair for Seattle Schools Special Education Advisory and Advocacy Council, Seattle, WA.

Presentations (Peer Reviewed)

Yoo, G., & **Sterling, L.** (April, 2019). The Impact of College Life Among Students with Autism. Poster presented at the Western Psychological Association, Pasadena, CA.

Phou, A., Johnson, P., & **Sterling, L.** (April, 2018). Romantic Relationship Satisfaction, Depression and Autism Spectrum Disorder. Poster presented at the Western Psychological Association, Portland, Oregon.

Renno, P., **Sterling, L.**, Yang, J., & Wood, J. (May, 2018). Anxiety and sleep disturbance in youth with autism. Poster presented at the International Meeting for Autism Research, Netherlands.

Johnson, P. and **Sterling, L.** (July 2016). Investigating the Relationship between Cognitive Flexibility, Rumination and Depression in Adults with Autism Spectrum Disorder. Presented at BUILD Summer Symposium, Long Beach, California.

Sterling, L., Wood, J., & Renno, P. (May, 2015). Physiological Arousal Is Related to Parent-and Self-Report of Anxiety in Youth with ASD: Preliminary Evidence for the Concurrent Validity of Anxiety Symptoms. Poster presented at the International Meeting for Autism Research, Salt Lake City, UT.

Renno, P., **Sterling, L.**, McCracken, J., Mallya, K., & Wood, J. (May, 2015). Variability in Autism Symptom Severity: The Role of Diurnal Cortisol and Daily Stress in Youth with Autism Spectrum Disorder.

Renno, P., **Sterling, L.**, & Wood, J. (May, 2014). Diurnal Cortisol and Daily Stress in Youth with Autism Spectrum Disorder. Poster presented at the International Meeting for Autism Research, Atlanta, GA.

Barnes, K., **Sterling, L.**, Munson, J., Estes, A., Dawson G., & Webb, S. (May, 2014). A Longitudinal study of emotion processing in ASD and the relation to other clinical symptoms: The CPEA Early Development Study of Autism. Paper presented at the International Meeting for Autism Research, Atlanta, GA.

Sterling, L., Renno, P., Dawson, G., & Wood, J.J. (May, 2013). The Utility of Psychophysiological Approaches in Assessing the Validity of Co-Morbid Anxiety in Autism Spectrum Disorders. Paper presented at the International Meeting for Autism Research, San Sebastian, Spain.

Sterling, L., Dean, M., Kasari, C., Orlich, F., & Lord, K. (April, 2013). The Effects of School-Based Social Skills Intervention on Self-Report of Depressive Symptoms in Youth with Autism Spectrum Disorders. Poster presented at the Society in Research in Child Development, Seattle, WA.

Renno, P., **Sterling, L.**, & Wood, J.J. (January, 2013). Stress and Anxiety in Children with Autism Spectrum Disorder. Poster presented at the University of California Center for Special Education, Disabilities, & Developmental Risk, Santa Barbara, CA.

Sterling, L., Lin, L., Renno, P., Park, M., Storch, E., Lewin, A., Arnold, E., & Wood, J. (November, 2012). Concurrent Validity of the Revised Children's Anxiety and Depression Scale for Youth with Autism Spectrum Disorders. Poster presented at the 46th annual convention of the Association for Behavioral and Cognitive Therapies, National Harbor, MD.

Lin, C.E., **Sterling, L.,** Park, M.N., Fujii, C., Del Rosario, M., Galan, C., Storch, E., Ehrenreich-May, J., & Wood, J.J. (November, 2012). Stability of Comorbid Psychiatric Symptoms in Young Adolescents with Autism Spectrum Disorders. Poster session presented at the 46th annual convention of the Association for Behavioral and Cognitive Therapies, National Harbor, MD.

Park, M. N., Lin, C. E., **Sterling, L.,** Renno, T., Fujii, C., Storch, E., Ehrenreich-May, J., & Wood, J. J. (November, 2012). Developmental pathways of comorbid anxiety disorders in adolescents with autism spectrum disorder. Poster session presented at the 46th annual convention of the Association for Behavioral and Cognitive Therapies, National Harbor, MD.

Sterling, L., Estes, A., Murias, M., Webb, S., Munson, J., King, B., & Dawson, G. (May, 2011). Physiological Characteristics Associated with Anxiety in Autism Spectrum Disorders. Paper presented at the International Meeting for Autism Research, San Diego, CA.

Gomez, L., Sepeta, L., Gillespe-Lynch, K., **Sterling, L.,** Hutman T., & Sigman, M. (May, 2010). Early Childhood Predictors of Social Functioning in Adults with Autism Spectrum Disorder. Poster presented at the International Meeting for Autism Research, Philadelphia, PA.

Sterling, L., Webb, S.J., Greenson, J., Dawson, G., & Aylward, E. (2008, May). Parent and Self Report of Social Ability and Associated Psychiatric Symptoms in Adults with Autism Spectrum Disorder. Poster session presented at the International Meeting for Autism Research, London, U.K.

Sterling, L. (2007, June). Factors Associated with Presence of Depressive Symptoms in Adults with Autism Spectrum Disorder. Paper presented at the Leadership Education in Neurodevelopmental and Related Disabilities Annual Symposium, Seattle, WA.

Estes, A., Dawson, G., Bernier, R., Faja, S., **Sterling, L.,** & Elder, L. (2007, May). How to Conduct Assessment with the Broader Phenotype of Autism Symptom Scale. Workshop conducted at the International Meeting for Autism Research, Seattle, WA.

Estes, A., Dawson, G., Munson, J., Varley, J., Brigham, R., **Sterling, L.,** & Elder, L. (2007, May). Further Validation of a Quantitative Scale for Assessing Broader Autism Phenotype. Poster session presented at the Society for Research in Child Development, Boston, MA.

Sterling, L., Estes, A., Dawson, G., & Munson, J. (2007, March). The Role of Cognitive and Adaptive Functioning in the Development of Associated Conditions in Autism. Poster session presented at the Society for Research in Child Development, Boston, MA.

Sterling, L., Dawson, G., Greenson, G., & Estes, A. (2006, June). Factors Associated with Presence of Depressive Symptoms in Adults with Autism Spectrum Disorder. Poster session presented at the International Meeting for Autism Research, Montreal, Canada.

Iteld, L., Greenson, J., **Sterling, L.,** Webb, S.J., Aylward, E., & Dawson, G. (2006, June). Differentiating Asperger's from Autism in Adults Using Measures of Current Functioning. Poster session presented at the International Meeting for Autism Research, Montreal, Canada.

Sterling, L., & Steiman, M. (2006, March). Current Research on the Brain, Behavior, and Genetics. Paper presented at the Autism Society of America conference, Vancouver, WA.

Sterling, L., Dawson, G., Panagiotides, H., & Webb, S. (2005, November). Attentional Patterns of Familiar Face Processing in Individuals with Autism. Poster session presented at CPEA/STAART 2005 Annual Meeting, Bethesda, MD.

Sterling, L., Dawson, G., Panagiotides, H., & Webb, S. (2005, May). Attentional Patterns of Familiar Face Processing in Individuals with Autism. Paper presented at the International Meeting for Autism Research, Boston, MA.

Spence, S.J., Gitcho, N., **Sterling, L.J.**, Lajonchere, C.M., & Geschwind, D.H. (2004, May). Increased non-right (left) handedness in autistic individuals, their parents and siblings from AGRE. Poster session presented at the International Meeting for Autism Research, Davis, CA.

TEACHING ACTIVITIES:

August, 2025- Present Practicum supervisor for UCI Clinical Psychology Program

April, 2024 Unmasking the Lives of Autistic Females: Developmental, Clinical, and Diagnostic Considerations
Continuing Education Course Webinar delivered to The WPS Professional Learning Center

Fall, 2018 Abnormal Psychology (undergraduate), Instructor
Department of Psychology, California State University, Long Beach

Spring, 2018 Dissertation Committee Member: "Behavioral Treatment of Stereotypy in Children with Autism Spectrum Disorder: A Comparative Analysis", Department of Psychology, Claremont Graduate University

Spring, 2018 Abnormal Psychology (undergraduate), Instructor
Autism Spectrum Disorders (undergraduate), Instructor
Department of Psychology, California State University, Long Beach

Fall, 2017 Abnormal Psychology (undergraduate), Instructor
Department of Psychology, California State University, Long Beach

Summer, 2017 Abnormal Psychology (undergraduate), Instructor
Department of Psychology, California State University, Long Beach

Spring, 2017 Autism Spectrum Disorders (undergraduate), Instructor
Abnormal Psychology (undergraduate), Instructor
Department of Psychology, California State University, Long Beach

Fall, 2016 Autism Spectrum Disorders (undergraduate), Instructor
Abnormal Psychology (undergraduate), Instructor
Department of Psychology, California State University, Long Beach

Spring, 2016 Autism Spectrum Disorders (undergraduate), Instructor
Abnormal Psychology (undergraduate), Instructor

Department of Psychology, California State University, Long Beach

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| Fall, 2015 | Abnormal Psychology (undergraduate), Instructor
Department of Psychology, California State University, Long Beach |
| Spring, 2014 | Behavioral Psychology (undergraduate), Instructor
Department of Psychology, Claremont McKenna College |
| Spring, 2014 | Behavior Modification Practicum (undergraduate and graduate), Instructor
Department of Psychology, Claremont McKenna College |
| Spring, 2014 | Independent Study in Psychology: Autism Spectrum Disorders (undergraduate),
Instructor, Department of Psychology, Claremont McKenna College |
| Fall, 2014 | Child Psychopathology (undergraduate and graduate), Instructor
Department of Psychology, Claremont McKenna College |
| Fall, 2014 | Seminar in Clinical Research and Assessment (undergraduate and graduate), Instructor
Department of Psychology, Claremont McKenna College |
| Fall, 2014 | Independent Study in Psychology: Autism Spectrum Disorders (undergraduate),
Instructor, Department of Psychology, Claremont McKenna College |
| Fall, 2014 | Honors Thesis Senior Project (undergraduate), Supervisor/Reader
Department of Neuroscience, Claremont McKenna College |
| Fall, 2013 | Autism: Mind, Brain & Education (undergraduate), Guest Lecturer
Department of Education, UCLA |
| Fall, 2012 | Human Relations and Sexuality, Instructor
UCLA Pathways Extension |
| 2011-2014 | Student Research Program (Course 99), PI
Department of Life Sciences, UCLA |
| 2011, Fall | Developmental Psychopathology graduate seminar, Guest Lecturer
Department of Education, UCLA |
| 2008, Fall | Professional Development Seminar, Instructor
University of Washington Autism Center/Center for Human Development and Disability |
| 2006-2008 | Pediatric Resident Lecture Series: Autism, Lecturer (Monthly)
University of Washington School of Medicine and Seattle Children's Hospital |
| 2006, October | The Communicating Brain, Guest Lecturer
Seattle Pacific University, WA |
| 2005-2009 | Psychology 499: Undergraduate Research Assistant Training, Supervisor
Department of Psychology, University of Washington, Seattle, WA |
| 2000-2001 | Wilson Elementary School, Long-Term Substitute Teacher
Santa Ana Unified School District, Santa Ana, CA |

1999-2000 LIEUCAP Homeless Shelter, Health Education Advocacy Intern
UCLA Honors Seminar: Health Education for At-Risk Populations/ Research Evaluation,
Los Angeles, CA

EDITORIAL AND REVIEW EXPERIENCE:

Conference Abstract Reviewer:

2017 International Meeting for Autism Research
- Area: Adult Outcome: Medical, Cognitive, Behavioral
- Area: Medical and Psychiatric Comorbidity

2015 International Meeting for Autism Research
- Area: Cognition: Attention, Learning, Memory

Journal Ad hoc Reviewer:

2018 Autism
2008/2011-2017 Journal of Autism and Developmental Disorders
2015 Journal of Clinical Neurophysiology
2015 International Meeting for Autism Research (Cognition: Attention, Learning, Memory)
2013 Journal of the American Academy of Child and Adolescent Psychiatry
2013 Clinical Practice
2012 Journal of Clinical Child and Adolescent Psychology
2012 Journal of the American Academy of Child and Adolescent Psychiatry
2012 Journal of Abnormal Child Psychology
2011 Autism Research and Treatment
2010 Archives of General Psychiatry

Journal Ad hoc Co-Reviewer:

2008 & 2010 Journal of Autism and Developmental Disorders
2007 Developmental Science
2006 Archives of Pediatrics and Adolescent Medicine

COMMITTEE MEMBERSHIP AND PROFESSIONAL AFFILIATIONS:

American Psychological Association, Division 53
International Society for Autism Research
Society for Research in Child Development

PUBLICATIONS

Sterling, L. (2020). The Social Survival Guide for Teens on the Autism Spectrum: How to Make Friends and Navigate Your Emotions. *Rockridge Press*.

Neuhaus, E., Jones, E., Barnes, K., **Sterling, L.**, Estes, A., Munson, J., Dawson, G., & Webb, S. (2016). Longitudinal prediction of social and emotional outcomes in adolescents with autism: Contributions of face processing at age 3 years. *Journal of Autism and Developmental Disorders*.

Sterling, L., Renno, P., Storch, E., Ehrenreich-May J., Lewin, A., Arnold, E., Lin, E., & Wood, J.J. (2015). Validity of the Revised Children's Anxiety and Depression Scale for Youth with Autism Spectrum Disorders. *Autism: International Journal of Research and Practice*. PMID: 24419073.

Zielinski, K., Wood, J.J., Renno, P., Whitham, S. & **Sterling, L.** (2014). Examining the validity of the Columbia Impairment Scale for assessing level of functioning in youth with autism spectrum disorder. *Journal of Child and Adolescent Psychopharmacology*.

Kasari, C., & **Sterling, L.** (2013). Loneliness and Social Isolation in Children with Autism Spectrum Disorders. In Robert J. Coplan, R.J., & Bowker, J. (Eds.), *A Handbook of Solitude: Psychological Perspectives on Social Isolation, Social Withdrawal, and Being Alone*. New York: Wiley-Blackwell.

Sterling, L., Munson, J., Estes, A., Murias, M., Webb, S., King, B., & Dawson, G. (2013). Fear potentiated startle response is unrelated to social or emotional functioning in adolescents with ASD. *Autism Research*. doi: 10.1002/aur.1289.

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